

## Dr. Paul DePompo *Biography*

Dr. Paul DePompo is a clinical psychologist and the founder of the PCIT Institute of Southern California. For more than ten years, DePompo has utilized a straightforward approach to successfully treating adults and adolescents with short-term therapy methods that provide long-term results. As an expert in cognitive-behavioral therapy, DePompo identified a need for evidence-based treatments for children from the ages of 2 to 8. He began effectively using PCIT (Parent-Child Interactive Therapy), a form of Cognitive Behavioral Therapy, with these children and their families.

DePompo attended NYU while earning his Bachelor's degree and earned his Master's and Doctoral Degrees at the California School of Professional Psychology. He is affiliated with the Albert Ellis Institute as a REBT (Rational Emotive Behavioral Therapy)-CBT supervisor, teaches REBT-CBT and PCIT at various graduate schools in Orange County and was trained in PCIT by the UC Davis, CAARE Team. He also has been the lead trainer of PCIT for the largest *Orange County-contracted facility*.

In addition to heading up the PCIT Institute, DePompo has a private practice in Newport Beach where he treats individuals and couples with issues *such as* anxiety, depression, anger, and other problems related to relationships and communication. He also dispenses life-coping advice on his blog, located at [www.pauldepompo.com](http://www.pauldepompo.com).